Soul Healing

When to Use this Healing
This healing helps the client reconnect to their pure soul essence. This part of us is our core essence, the part of us that doesn't change from lifetime to lifetime. It helps the client remember they are so much more than any problem or life situation they are experiencing at the time. It gets them in touch with the part of themselves that has always been and will always be.

Under stress, clients can completely dissociate from life and identify with their trauma and not their life, i.e. abuse survivor, incest survivor, cancer patient, AIDS victim, bankrupt, divorced, widow, alcoholic, etc. These wounds can solidify and become part of our identity. Eventually a person can forget what their soul feels like and they remember and identify with the wound and their defense as who they really are.

This healing allows the client to tap their limitless soul, which is capable of complete transformation of any life issue. The soul has never been sick or hurt or tired. It is has an infinite source of energy. This healing represents the deepest level of energetic support for serious illness and those who have lost their connection to their inner wisdom, energy joy and enthusiasm for life.

The Soul Point
This healing requires the healer to work with the Soul Point (SP) in both themselves and the client. The SP is right between the 2nd and 3rd chakras in the very center of your body. It holds the energy of your soul and can expand and contract like the light of a sun. The SP is the only part of our energy field capable of expanding beyond the confines of our own energy field. When this point is strong, then the light of our own soul shines out brightly into the world like a beacon. Doing this healing on others will strengthen your own Soul Point.

Healing Preparation
You need a chair for the foot of the table.
Begin with a Life Purpose Healing (from the 1st year). Do the entire Life Purpose Healing.

Soul Healing Part 1: EXPAND YOUR OWN SOUL LIGHT

1. Sit in a chair at the client's feet and put your fingertips into your Soul Point and bring your conscious awareness there.
2. Imagine your own Soul Point (SP) expanding, its Light getting bigger with each breath.
3. Breath in on the inhale breath and on the exhale your SP gets bigger and fuller moving it all the way through your own energy field.
4. Then on a big breath, expand your SP beyond the edges of your own field. Move it out into the room
5. And then further out with each breath. As big as the whole state. And then as big as the whole world.
6. Expand your Soul Light out to the ends of the Universe.
7. Keep your Life Purpose line connected to the core of the Earth staying fully conscious of your body in the healing room at all times. Feel how your chakras come into balance when the soul is fully expanded.

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Soul Healing Part 2: EXPAND THE CLIENT'S SOUL LIGHT

Place your hands on the client's feet, fingers resting on top and thumbs in the center of the arch. Keep shifting your focus between your client's SP and yours. Expand yours outward evenly in all directions; the client will mirror you.

Imagine expanding their SP light through all the layers of their energy field. As their light emanates out it expands through the 7 levels of the client's aura where you will be able to view this lifetime from the present back to birth. Make mental notes of times you will want to discuss at the end of the healing with the client.

Soul Healing Part 3: MOVE THEIR SOUL LIGHT BEYOND THEIR OWN ENERGY FIELD

When you reach the edge of their auric field you will reach their birth and a membrane between this life and their past lives that exist on the Earth plane. This barrier is like an energetic film that keeps the worlds separate. Continue to gently expand their SP and yours until the barrier releases and lets you continue to expand outward. Be patient and do not force it.

You are now expanding the light through the planet and out through the atmosphere. This is the level of the client's past lives and may be very full. Hold the intention to see only that which is needed for the client to remember who they are at the deepest level in their life now. You will expand the SP light to the edge of the Earth atmosphere where you will experience another membrane to move through gently. Your light gets brighter and brighter. Like the first one, continue expanding gently until you get through.

Soul Healing Part 4: MOVING BEYOND THE EARTH PLANE

Keep expanding. Once you have expanded beyond the earth plane, you will experience limitless expansion and will accelerate to speeds far beyond the speed of visible light. It is essential that the healer stay fully connected to their Life Purpose Line and their body.

A thin cord always stays attached to the healing room through the healer's body. Open your eyes if you need to bring your ground back to the room. The expansion is thrilling but not to be taken lightly. The healer is responsible for the safe return of the client.

- Keep expanding out past the planets, of our own solar system.
- Break through the solar system and accelerate into the Milky Way Galaxy. Feel planets whizzing by you.
- You will break through the limits of our galaxy and speeding up, you will feel galaxies flying by you.
- Keep accelerating as you move into deep space.
- At the edge of the universe, you will cross a deep empty space, this is The Void and it's cold and empty. Go through it.
- Then you will see a horizon and the light you are emanating to all the edges of the Universe will come together and accelerate into a curve and hurl you through a portal into a place of unlimited possibility and joy.
- Go around the curve and through the portal.

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Soul Healing Part 5: THE RETURN TO THE SOUL

You are now with your client in Soul World. It can be, feel or look like anything. Release your expectations of what should be happening and just observe with curiosity and without judgment. You are not here to create or manage what's happening. You are only an observer.

Stay as long as you like. There is a timeless quality here, so five minutes here is a long time in soul time. Healers have to be aware of time in the healing room, and you will just know when it is time to come back. Stay connected to the client, do not let them wander without you even though they may ask or insist. You are their ground. Do not guide them, you are allowing the experience to unfold and keeping track of time. Your Soul Light and your client's remain fully connected at all times but not enmeshed.

Observe and remember what transpires for the client here. They are reconnecting with their pure soul energy. They might be communing with their guides, getting guidance or healings. You are not directing the action, just observing.

Soul Healing Part 6: RETURN TRIP

To return, tell your client you have to travel back the same way you traveled out. You will experience the reverse journey on the way home.

- Out through the portal
- Around the curve
- Across the Void
- Through the galaxies
- Back into the Milky Way
- Through the stars in the Milky Way
- Back into our own solar system
- Slowing down until you reach the edge of the Earth's atmosphere
- Then back into the healing room
- And through the edge of the client's own energy field
- Until their Soul Point is back into their body

CLOSING the Soul Healing (not standard):

Ever so gently, release your client and disengage from their soul, letting it float inside them in all its glory – do *not* perform standard closing.

Quietly get up from your chair and move fully out of the client's field.

Give your client plenty of time to integrate on the table.

Let them share first, before volunteering any of your observations.

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